



The “**Coordinamento Donne di Montagna**” is a new, apartitic, women association, born in Val Maira, an alpine valley in the Cozie Alps. Different women with different origins and background work in it.

The activities are addressed to the women who live and work in the Alps and in marginal areas. We think that women are essential in the alpine existence. Without them the mountain will be no able to survive. Women with their active presence, with their families and children are the ones who really can develop and improve the alpine areas, but they need information and resources.

For these reason the aims of our associations are: to fight against the geographic, politic, economic and social inequality, to involve women, to approach them to gender topics and to organise projects and researches. Moreover we strongly want to create a network among the alpine valleys. Connections are in fact very important because only by knowing each other and by sharing the own experiences, women do not feel alone and they do feel stronger. The CDM want to be a canal to let them become the first actors of their changing and of the improvement of their own lives and jobs.

With the project called “**Antichi Saperi**” we would like to collect memories of the past and to increase the value of traditional activities of the women to understand how central was the woman in the social organisation and in the evolution and changes on the alpine landscape. Only stressing the relationship between women and mountainous areas and between women and alpine organisation of societies and families we are able to create a solid base for the future, for a sustainable development and for an overcoming of the state of abandoning and marginalisation of the Mountain.